

Information sheet for customer

Tsumura-Kampo Maoto[麻黄湯] Extract Granules

【Category 2 OTC medicines】

INDICATIONS

Following symptoms in the initial stage of common cold in persons with substantial physical strength who have chilling with fever, headache and coughing, and suffered from pain in joints and muscles without sweating:

Common cold, coryza, bronchitis, and stuffy nose.



! CAUTION FOR USE

●To be avoided

Failure to observe the following may result in the symptoms worsening or the occurrence of adverse reactions/accidents.

Following persons should not take this medicine:

Persons who is physically weak (declining of strength or constitutional weakness).

●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.

- (1) Persons undergoing medical treatment from a physician.
- (2) Pregnant women or women suspected of being pregnant.
- (3) Persons who have gastrointestinal weakness.
- (4) Persons with excessive sweating
- (5) Elderly persons.
- (6) Persons who have experienced rash, redness, itching, etc. due to medicines or something.
- (7) Persons with the following symptoms: difficulty in urination.
- (8) Persons diagnosed as having the following: hypertension, heart disease, kidney disease, thyroid disease.

2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Nausea, loss of appetite, gastric distress
Others	Excessive sweating, general listlessness

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month (5 to 6 times if you take this medicine for the common cold and coryza). Take this leaflet with you.

DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet(1.875 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

INGREDIENTS

2 packets (3.75 g) of this medicine contain 0.875 g of Maoto extract of the following mixed crude drugs;

JP Apricot Kernel	2.5 g
JP Ephedra Herb	2.5 g
JP Cinnamon Bark	2.0 g
JP Glycyrrhiza	0.75 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate, Sucrose Esters of Fatty Acids

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.



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